

# **CURRICULUM VITAE**

# **CURRENT APPOINTMENT**

Professor of Buddhist Culture from 4<sup>th</sup> May 2016 up to date at Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya

## **EDUCATIONAL CREDENTIALS**

Doctor of Philosophy (PhD)

Postgraduate Institute of Pali and Buddhist Studies

University of Kelaniya (2008)

Dissertation: Therapy of Mental Diseases (A Study

of Psychoanalysis and Behavior Therapy as

Depicted in Tipiţaka Literature)

Master of Arts (MA)

Master of Arts in Buddhist Studies (with Distinction)

University of Kelaniya (2001 - 2002)

Subjects followed:

The Bodhisatta Ideal in Theravāda and Mahāyāna

Buddhism

The Buddhist Vinaya and Monastic Organization

Buddhist Psychotherapy

Pali and Historical Study

Buddhist Aesthetic Concept: Analysis and Evaluation

**Essay: Buddhist Analysis of Health (with reference** 

to Tripiţaka Literature)

Postgraduate Diploma in

Educational and Career

Counselling

University of Colombo (2002 - 2004)

Subjects followed:

**Educational Psychology** 

Child Psychology

Counselling Psychology

Education and Psychological Techniques

Career counselling Techniques

Assessment in Counselling

Counselling Skills

**Counselling Practice** 

Essay: A Critical Study of Buddhist Psychotherapy

and Counselling

Bachelor of

University of Kelaniya (2000) Arts (BA)

Bachelor of Arts Special Degree in Buddhist Culture -

(First Class)

Essay: A Critical Study of Shramana Tradition

Diploma in Buddhism

Buddhist and Pāli University of Sri Lanka (1998)

Certificate Course in Yoga and

Relaxation Techniques

Gampaha Wikramarachchi, Āyurveda Institute,

University of Kelaniya, Sri Lanka (2012)

Certificate Course in Staff

Development

University of Kelaniya Sri Lanka (2006 - 2007)

Certificate Course in

National Center for Advanced Studies

Social Science Research

(Establish Under the University ACT.16 of

Methodologies

1978) Colombo07, Sri Lanka (2014)

Certificate in English University of Kelaniya Sri Lanka (1997, 1998)

Part I, II, III

General Certificate of Ministry of Education in Sri Lanka (1993)

Education, Advanced Level Subject followed: Geography, Economics

(GCE A/L) Sinhala Language, Buddhist Culture

General Certificate of Ministry of Education in Sri Lanka (1990)

Education, Ordinary Level

(GCE O/L)

## TEACHING / PROFESSIONAL CREDENTIALS

- Senior Lecturer (Gr. ii) from 2<sup>nd</sup> May 2009 up to 3<sup>rd</sup> May 2016 at Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya
- Professor of Buddhist Psychotherapy, Sitagū Ketumati Buddhist Academy, Taungou, Myanmar from 2023
- 3. Visiting Professor of Buddhist Psychology, Singapore Buddhist and Pali College from 2023 up to now
- 4. Visiting Professor of Buddhist Psychology, Malaysian Buddhist Academy (MYBA) from 2022
- Visiting Assistant Professor, Center of Buddhist Studies University of Hong Kong from 17<sup>th</sup> August 2020 to 21<sup>st</sup> December 2020
- Visiting Professor of Buddhist Psychology, Dhammaduta Buddhist University of Myanmar from 2019 up to November
- 7. Visiting Lecturer in Buddhist Counseling, Department of Pali and Buddhist Studies, University of Sri Jayewardenepura, Sri Lanka from 22<sup>nd</sup> September 2014 to 2016

- Visiting Lecturer in Buddhist Ayurvedic Counseling at Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya from 2008 to end of the Academic Year of 2016
- Visiting Lecturer in Buddhist Culture, Department of Pali and Buddhist Studies, University of Kelaniya from 2005 to 2006, From 2008 to end of the Semester from 2014 to 2015
- 10. Visiting Lecturer in Buddhist Psychology (Sinhala and English Medium), Department of Buddhist Philosophy, Sri Lanka, Buddhist and Pali University, from
- 11. Visiting Lecturer in the Diploma Course of Buddhist Psychology from 22<sup>nd</sup> March, 2014 to March 2015, Buddhist and Pali University of Sri Lanka
- 12. Visiting Lecturer in M.A. Course in Buddhist Studies, Department of Pali and Buddhist Studies, University of Kelaniya from 15<sup>th</sup> March, 2014 to 31<sup>st</sup> January, 2015
- 13. Visiting Lecturer in Buddhist Philosophy, Department of Buddhist Philosophy, Buddhist and Pali University of Sri Lanka, from 2014 to end of the First Semester
- 14. Visiting Lecturer in Buddhist Philosophy, Department of Pali and Buddhist Studies, University of Kelaniya from 26<sup>th</sup> December 2008 to end of the Semester 2013
- 15. Visiting Lecturer in Buddhist Counseling Course conducted by Sri Lanka Buddhist and Pali University, from 2008 to 2009, From 25<sup>th</sup> March 2012 to March 2013
- 16. Visiting Lecturer in Psychology Diploma Course in Psychology, Department of Philosophy, University of Kelaniya from 24<sup>th</sup> April 2011 to 23<sup>rd</sup> April 2012
- 17. Visiting Lecturer in Psychology, Department of Philosophy, University of Kelaniya, From 26<sup>th</sup> December 2011 to 01<sup>st</sup> April 2012
- 18. Visiting Lecturer in Ethics, in the Orientation Programme of the New Intake of undergraduates conducted by the Department of Pali and Buddhist Studies, University of Kelaniya, From 21st November 2011 to 15th December, 2011

- 19. Visiting Lecturer in Buddhist Psychology, Department of Philosophy University of Kelaniya, from 06<sup>th</sup> December 2010 to end of the Semester 2011
- 20. Visiting Lecturer in Psychology, Department of Philosophy, University of Kelaniya, From 23<sup>rd</sup> May, 2011 to 24<sup>th</sup> September, 2011
- 21. Visiting Lecturer in Buddhist Psychology, Department of Philosophy, University of Kelaniya, from 06<sup>th</sup> December, 2010 to end of the semester
- 22. Visiting Lecturer in G.N.S.T Course Conducted by the Department of Pali and Buddhist Studies, University of Kelaniya, from 15<sup>th</sup> November, 2010 to 06<sup>th</sup> December, 2010
- 23. Visiting Lecturer in Foreign Students Unit, Department of Pali and Buddhist Studies University of Kelaniya, from 15<sup>th</sup> February, 2002 to 07<sup>th</sup> September, 2005, From 26<sup>th</sup> January, 2009 to 31<sup>st</sup> December, 2009
- 24. Visiting Lecturer in බෞද්ධ ආරාමික හා සංවිධානය (ශා. 09) බෞද්ධ ආර්ථික දර්ශනය (ශා. 33) බෞද්ධ සංස්කෘතිය සමාලෝචනාත්මක අධ්‍යයනයක් (ඩිප්. 04), The Buddhist Vinaya and the Monastic Organization, Buddhist Economic Philosophy, An Outline of Buddhist Culture at Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya, from 2009 to end of the Academic Year
- 25. Visiting Lecturer in Psychology, Department of Philosophy, University of Kelaniya, From 16<sup>th</sup> of November, 2008 to 15<sup>th</sup> November, 2009
- 26. Lecturer from 03<sup>rd</sup> January, 2005 to 01<sup>st</sup> May, 2009 at Buddhist and Pali University of Sri Lanka
- 27. Special Lecturer in Heaven Hell and Life after Death and Theory of Soul, Department of Religious Studies and Comparative Philosophy, Buddhist and Pali University Sri Lanka, 21st January, 2009
- 28. Visiting Lecturer in Buddhist Arts and Architecture in Sri Lanka at Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya, from 2008 to end of the Academic Year

- 29. Visiting Lecturer in Ethics, in the Orientation Programme of the New Intake of undergraduates conducted by the Department of Pali and Buddhist Studies, University of Kelaniya from 28<sup>th</sup> July, 2008 to 15<sup>th</sup> August, 2008
- 30. Visiting Lecturer in Professional Development of the Academic Staff Programme Number 32, on the topic of the Fundamental Psychotherapeutic approaches as derived from Early Buddhism, Buddhist and Pali University of Sri Lanka, 2008
- 31. Visiting Lecture, in Buddhist Psychotherapy (both English and Sinhala medium), at Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya, from 2006 to 2007
- 32. Temporary Assistant Lecturer, Department of Pali and Buddhist Studies, University of Kelaniya from 11<sup>th</sup> February 2002 to 10<sup>th</sup> December 2004
- 33. Assistant Teacher at Bandaranayaka College, Gampaha, From 07<sup>th</sup> November, 2001 to 10<sup>th</sup> February, 2002

#### ACADEMIC AND NON-ACADEMIC POSITIONS

- 1. International Member of American Psychological Association (C2304789668), 2024
- 2. Member of the Faculty Board, Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya from 07<sup>th</sup> May, 2009 to up to now
- Coordinator to the Postgraduate Diploma in Buddhist Ayurvedic Counseling Course, Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya with effect from 2014 to 2023
- 4. Coordinator to the Master Degree in Buddhist Ayurvedic Counseling, Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya with effect from 2014 to 2023
- Coordinator to the Sri Lankan Government Scholarship for Foreign Students, Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya from 2012 to 2016

- 6. Member of Faculty Board, Bhiksu University of Sri Lanka from 06<sup>th</sup> June 2007 to 19<sup>th</sup> September, 2015
- 7. Head of the Department of Buddhist Culture of the Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya from 07<sup>th</sup> May, 2009 to 06<sup>th</sup> May, 2015
- 8. Member of the Management Board of the Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya, from 07<sup>th</sup> May, 2009 to 06<sup>th</sup> May, 2015
- 9. Member of Senate of University of Kelaniya, from 07th May, 2009 to 06th May, 2015
- 10. Working as a Buddhist Counselor at Manelwatta and Sunetradevi Pirivena of the Practical Center affiliated to Postgraduate Diploma Course of Buddhist Ayurvedic Counseling and master's degree in Buddhist Ayurvedic Counseling with effect from 10<sup>th</sup> June 2013
- 11. President of Welfare Association of PGIPBS from 2009 to 2011
- 12. Resource Person at the seminar for Advanced Level Examination on the subject of Buddhist Civilization organized by Educational Division, Monaragala, 05<sup>th</sup> March 2010
- 13. Speaker on the topic of Significance of Studying Pali and Buddhist Studies at the Awarding Ceremony of Certificates for Dhamma School Students organized by District Secretariat Colombo, 14<sup>th</sup> November 2009
- 14. Speaker on the topic of Significance of Buddhist Education Philosophy for the Enhancement of Modern Education Techniques at the Teacher Training Workshop organized by Dharmasena Maha Vidyalaya, 12<sup>th</sup> November 2009
- 15. Speaker on the topic of Buddhism and Children at World Children Day organized by Padmawathi Central College, Dekatuwa, 2009
- 16. Coordinator to the Buddhist Counseling Course, Buddhist and Pali University of Sri Lanka, from 02<sup>nd</sup> February 2005 to 2<sup>nd</sup> September 2008
- 17. Secretary to the Staff Meeting of the Pali and Buddhist Studies, University of Kelaniya, from 2002 to 2004
- 18. have been working as an Acting Director of the Postgraduate Institute of Pali and Buddhist Studies University of Kelaniya
- 19. Member of the Examination Board
- 20. Member of the Library Committee
- 21. Member of considering the requests for the publication of research theses

- 22. Member of the Syllabus Preparing Committee
- 23. Member of the Technical Committee
- 24. Member of Preparing Postgraduate Studies Regulations

#### **RESEARCH WORKS**

- Dharma Therapy in Buddhism a Buddhist Psychological Review on Counselling and Psychotherapy Rethinking Buddhism Text, Content, concentration, Annand sing Prims Book, Delhi. 2023
- 2. Grief Management in Buddhism for Human Development, The Journal of the International Association of Buddhist Universities. (JIABU, Vol II, No. 03, 2018)
- 3. Buddhism as a System of Psychotherapy, The Samarathunga Journal of Buddhist Studies and Education, Vol. I, No. 1, March-August 2017.
- 4. Femininity, A Buddhist Psychological Approach, Anveṣaṇā Peer Reviewed Journal of the Postgraduate Institute of Pali and Buddhist Studies, 2016, (Two Publications within one year)
- 5. Cultural Bound Syndrome and Buddhist Psychotherapy, Anveṣaṇā: Peer Reviewed Journal of the Postgraduate Institute of Pali and Buddhist Studies, 2015 (Two Publications within one year)
- 6. මහලුවිය පිළිබඳ බෞද්ධ දැක්ම හෙවත් වෘද්ධ මතෝචිකිත්සාව (Buddhist Perspective on Old Age or Geropsychiatry), Anveṣaṇā: Peer Reviewed Journal of the Postgraduate Institute of Pali and Buddhist Studies, 2015 (Two Publications within one year)
- Applicability of Mettābhāvanā for the Suppression of Social Conflicts, Vesak, Buddhism and World Crisis the 12<sup>th</sup> of International Buddhist Conference on the United Nations Day of Vesak, Thailand, 28<sup>th</sup> - 30<sup>th</sup> May, 2015
- 8. Spirituality as a Healing Process (with Special Reference to Islam, Christian and Buddhist Teachings,) International Conference on Inspiring Religious Tolerance and Harmony, Organized by the Department of Religious Studies and Comparative Philosophy, Buddhist and Pali University of Sri Lanka in Collaboration with the

- Department of Cultural Affairs, USA Embassy, Sri Lanka on 22<sup>nd</sup> and 23<sup>rd</sup> April, 2015)
- 9. Geropsychiatric Aspects in Early Buddhist Teachings, the Fifth International Conference of SLABS, September 2013
- 10. Adoption of Early Buddhist Teachings for Counseling Purposes, the Fifth International Conference of SLABS September 2013
- 11. Applicability of Mettābhāvanā for The Elimination of Problematic Behaviours and Psychological Disorders in the Global Content, International Conference on Buddhist Heritage of Odisha: Situating Odisha in the Global Perspective organized by Department of Tourism and Culture, Government of Odisha in Association with Utkal University of Culture Utkal University OIMSEAS, 2013
- 12. Psychotherapeutic Value of Visuddhimagga for the Enhancement of Modern Psychotherapy, Sāradā, Department Pāli and Buddhist Studies, University of Kelaniya, 2012, (Two Publications within one year)
- Fundamentals of Buddhist Psychotherapy: A Critical Study, International Buddhist Conference (BBUIBC (2012) Buddhasravaka Bhiksu University, Anuradhapura, 2012
- 14. Early Buddhist Ethicopsychology and Feminism, International Conference, Introspection on Buddhist Traditions School of Buddhist Studies and Civilization, Gautam Buddha University, 7<sup>th</sup> - 9<sup>th</sup> September 2012
- 15. Kalukumāra Syndrome: A Cultural-Bound Syndrome Faced by Sri Lankan Females in Rural Areas: A Buddhist Psychological Analysis 1<sup>st</sup> National Conference, Buddhist and Pali University of Sri Lanka, 2012
- 16. Buddhism and Cognitive Behavioural Psychotherapy, Fourth International Conference of SLABS, December 2010
- 17. The Buddhist Concept of Conflict Resolution (An Approach to Global Recovery through Mental Well-Being) Global Recovery: The Buddhist Perspective, UNDU

- Conference Volume, the 7<sup>th</sup> International Buddhist Conference on the United Nations Day of Vesak Celebrations, Thailand 23<sup>rd</sup> 25<sup>th</sup> May 2010
- 18. Psychotherapeutic Aspect of Sinhalese Magics, the Third International Conference of SLABS, December 2008

#### PHD. DEGREES SUPERVISED

- 1. Aspects of Conflict Prevention Through the Teachings of Early Buddhism. (Ms. A. Anurasdha 2019/PhD/3140)
- 2. A Critical Study on Elements of Child Psychology on Reflects in Early Buddhist Teachings. (Ms. Zhang Xinge 2018/PhD/6062)
- 3. මුල් බුදුදහමේ ඉගැන්වෙන කර්ම සංකල්පයේ මනෝවිදාහත්මක හා මනෝචිකිත්සක වටිනාකම පිළිබඳ අධායනයක්. (A Study on Psychological and Therapeutic value in "Karmic" Concept in Early Buddhism) (පූජා ගැමුණුපුර සෝමවංශ හිමි. 2018/PhD/S/4763)
- 4. නූතන පරිභෝජනවාදයෙහි උද්ගතවන ගැටලු නිරාකරණයෙහිලා බෞද්ධ අල්පේච්ඡතා සංකල්පයේ උපයෝගීතාව පිළිබඳ විචාරාත්මක අධායනයක් (A Critical Study on Application of Concept of contentment in solving problems due to modern consumerism.) (පූජා කුකුරම්පොල ඤාණවීමල හිමි, 2017/PhD/S/6021)
- 5. Relevance of Vipassana Meditation for Elimination of Psychological Problem of the Anger Character (Ven. Julia Surya, 2015/PhD/E/3293)
- 6. ළමා පෞරුෂ වර්ධනය හා බෞද්ධ මනස්චිකිත්සා උපයෝගීත්වය විචාරපූර්වක අධායනයක් (Utility of the Buddhist Psychiatry for the Child Personality Development: A Critical Study.), (පී. ලෙස්ලි ගුණසිංහ මහතා, 2012/PhD/S/2387)
- 7. බුදුසමයෙහි විගුහ වන විපල්ලාස සංකල්පය පිළිබඳ දාර්ශනික අධායනයක් (A Philosophical Study of the Concept of Distortion Described in Buddhism.) (දිල්ශාන් මනෝජ් රාජපක්ෂ මහතා, 2014/PhD/S/2692)

- 8. වනිතාවන්ගේ මනෝකායික ගැටලු නිරාකරණයෙහිලා භාවිතයට ගතහැකි බෞද්ධායුර්වේද පුතිකාර පිළිබඳ විමර්ශනාත්මක අධායනයක් (An Analytical Study of Buddhist Ayurvedic Treatment for coping with Psychosomatic Problems of women) (2012/PhD/S/2447)
- 9. තිවිධ චෛතා හා තදනුබද්ධ කලා ශිල්පයන්හි පුභවය හා විකාශය පිළිබඳ විචාරාත්මක අධායනයක් (Origin and Evaluation of Arts Associated with Triple Cetiya) (පූජා මුල්ලේගම වීමල හිමි, 2012/PhD/S/2445)
- 10. විතය සාහිතායෙන් හෙළිවන ආයතන සංකල්පය (The Concept of Institution as derived from Vinaya Literature) (පී. එච්. ජී. ධර්මසිරි මහතා, 2012/PhD/S/2642)
- 11. A Critical and Comparative Study of the Monastic Education Systems Adopted by Theravāda Buddhist Countries (Ven. Chun Sophal, 2012/PhD/E/2522)
- 12. Transmission of Buddhism to Tibet: An Analytical Study of its Literature Basis (Ven. Li Run Qiang, 2012/PhD/E/2754)
- 13. පෙරදිග හා අපරදිග උපදේශන සංකල්පයෙහි සම විෂමතා පිළිබඳ විචාරාත්මක අධායනයක් (A Critical Study on the Similarities and Dissimilarities of the Concep of Counseling in Western and East) (2012/PhD/S/2479)
- 14. An Analytical Study of Buddhist Concept of Dream (Ven. Godakalana Gunarathana, 2011/PhD/E/2503)
- 15. Buddhist Psychosomatic Therapy for Successful Ageing (Ms. Lee Kyoung Hee, 2011/PhD/E/2503)
- 16. A Critical Study into the Relevance of Buddhist Counseling Methods for the Enhancement of Effectiveness of Police Service to Resolve Civil Conflicts (Mr. N. A. R. K. Dheshapriya, 2011/PhD/E/2503)
- 17. A Critical Study of the History of Theravāda Buddhism in Burma from the Pajan Period to the Konbaung Period (10<sup>th</sup> Century AD-19<sup>th</sup> Century AD), (Ven. Kaccayana, 2009/PhD/E/1460)
- 18. An Analytical Study of Psychological Basis of Buddhist Ethics, (Miss. Kustiani, 2010/PhD/E/2063)

- 19. Women's Position in Buddhism; with special focus on Bhikkhuni Aṭṭhagarudhamma, (Ven. Zheng Kong, 2006/PhD/E/856)
- 20. The Buddhist Theory of Conflict Resolution A Critical Study, (Fr. Paul Kriangyot Piyawanno, 2008/PhD/E/1058)
- 21. How to Use Buddhist Psychological Principles to cope with stress faced by the Younger Generation in Modern Sri Lanka, (Mr. K. M. Chandrasekara, 2008/PhD/E/1011)
- 22. A Historical and Culture Study of the Influence of Buddhism on Inhabitants of Arakan State, (Ven. Ashon Nyanuttara, 2010/PhD/E/1163)
- 23. An Analytical Study of the Buddhist Concept of Food (Ahāra) with Reference to Both Theravada and Mahayana Traditions. (Mr. Kim Han Sang 2011/PhD/E/2153)
- 24. A Study of the History of Theravada Buddhism in Burma from the Pagan Period to the Konbaung Period (10<sup>th</sup> Century AD 19<sup>th</sup> Century AD), (Ven. Kaccayana, 2009/PhD/E/1960)
- 25. An Analytical Study of the Prerequisites for Buddhist Meditation, (Mr. R. M. Rathnasiri, 2012/PhD/E/2594
- 26. The Dhamma's Transmission and the Pali Theravāda Canon: An Examination of the Processes and Supporting Literature from the Third Buddhist Council to King Parakaramabahu's Unification of the Sri Lanka Saṅgha, (Mr. Russell Bowden, 2007/PhD/E/05)
- 27. Application of the Concept of the Brahma in Buddhist Context: A Critical; Study, (Ven. Chen Shiying (Qin Dao) 2007/PhD/E/05)
- 28. Duties and Responsibilities of Early Buddhist Monastic Order (Ven. Kotavila Sri Pemaloka, 2005/PhD/E/853)
- 29. A Critical Study of the Buddhist Methods of Meditation with Reference to Planning for Human Capacity Building, (Mrs. Soma Mallika Karunaratne, 2012/PhD/E/2194)

- 30. Counseling for Interpersonal Conflict A Psychological Model Based on Buddhist Principles, (Mrs. Soma Subbashini De Silva, 2012/PhD/E/2159)
- 31. Mahayana Elements in Theravāda Tradition: A Study of Mahāyāna Influence in Sri Lankan Buddhism, (Rev. Yan Yin, 2006/PhD/E/857)
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27. මබෟද්ධ උපදේශනය පිළිබඳ සංකල්ප විගුහයක් (Conceptual Analysis of Buddhist Counseling), The Felicitation Academic Journal for the Most Venerable Sri Dhammakitti,

#### **BOOK REVIEWS**

- 1. Reviewing research articles for the Journal of Research in Music, University of The Visual and Performing Arts.(2024)
- 2. Reviewing research articles for Anvesanā Journal of the Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya (2015)
- Reviewing research articles for International Research Conference on Humanities and Social Science, Organized by University of Sri Jayewardenepura, Sri Lanka, 2015
- 4. Reviewing research articles for BPU Journal of Religious Studies 2015
- Reviewing Article for National Buddhist Research Conference, Organized by Bhiksu University of Sri Lanka, 2014
- 6. Reviewing research articles for Anvesanā Journal of the Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya (2014) Vol. IV
- 7. Reviewing research articles for Anvesanā Journal of the Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya (2011) Vol. III
- 8. Reviewing the Felicitation Academic Journal of the most Venerable Boralle Atula,
- 9. Evaluation of Final Report Written on a research grant awarded by the University RG/2009/03/A, Council and Academic Branch, University of Peradeniya.

#### **SEMINARS AND WORKSHOPS**

 Conducted a Guest Lecture on "Buddhist Psychotherapy and Counselling" at the Nāgānanda International Institute for Buddhist Studies on 22<sup>nd</sup> January 2024.

- Organizing Research Workshop on Mindfulness at Mitirigala Forest Meditation Center, Department of Pali and Buddhist Studies University of Kelaniya, 29<sup>th</sup> October, 2023
- 3. Public Talk, Grief Management and Buddhist Psychotherapy, The Buddha-Dharma Center of Hongkong, 2018
- 4. Public Talk, What is Buddhist Psychotherapy, The Buddha-Dharma Center of Hongkong, 2017
- 5. Resource person, a three-hour lecture on Buddhist Psychology for students of Diploma in Buddhist Psychology and Counselling.
- Resource person, of Post Conflict Environment, on the topic of Spiritual Management for Resolving Post Conflict Environment of Sri Lankan Army Soldiers, 21st March, 2016
- 7. Presenter, on the topic of Buddhism as a System of Psychotherapy at the International Seminar organized by Samaratunga Buddhist College in Boyalali, 4<sup>th</sup> October, 2015
- 8. Resource person, a three hour lecture on Buddhist Psychology for life management, 04<sup>th</sup> August, 2014, organized by Bhiksu University of Sri Lanka
- 9. Resource person, Diploma Course in Buddhist Counseling for Sri Lankan Police Officers, conducted by Buddhist and Pali University of Sri Lanka, from 2014
- 10. Resource person to the Training Programme of Promoting Bhikkhu Attitudes, organized by Ministry of Higher Education and Sri Lanka Buddhist and Pali University, on 04th December, 2013
- 11. Resource person, a three-hour Lecture (in Sinhala) on Counseling for the Management of Violence and Emotions for Sri Lankan Police Officers organized by Divisional Secretariat, Madurawalu, Auguruwatota, on 14<sup>th</sup> June, 2013
- 12. Resource person, A three-hour lecture on Psychological Basis of Early Buddhism organized by Bhiksu University of Sri Lanka, 10<sup>th</sup> June, 2013

13. Resource person, as a Buddhist Psychologist Counselor on the Social Service Programme of Buddhist Ayurvedhic Counseling organized by People's Bank Talgaswala, Branch on, 01st July, 2012

14. Resource Person, on the topic of Researches on Buddhist Studies for Students who engaged in the MPhil and PhD Degrees in PGIPBS 29<sup>th</sup> June, 2010

15. Resource Person, on the topics of Psychology Fundamentals of Education and Comparative Religious and Philosophy organized by Ministry of Buddhist Affairs and Dept. of Pali and Buddhist Studies University of Sri Jayawardenapura Sri Lanka, at the Diploma Course on Dhamma Teachers, 07<sup>th</sup> March, 2010

16. Resource person, A eight-hour Lecture (in Sinhala) on Psychiatric Significance in Sri Lankan Folk Rites and Rituals for Professional Counselors, organized by professional Counselors Association of Sri Lankan on 25<sup>th</sup> October, 2009

17. Resource person, on providing Clinical Experiences in Psychologist Counseling for the Postgraduate Students of the Course of Postgraduate Diploma in Counseling conducted by the Faculty of Education of the University of Colombo 04, 15<sup>th</sup> October, to 30<sup>th</sup> November, 2006

18. Providing the guidance from Buddhist Philosophy to Adjunct Professor of Chemical and Biomolecular Engineering, North Carolina State University, Research Professor of Surgery, University of North Carolina at Chapel Hill, for the volume related to Buddhism and Science

19. Resource person, Management Skills Training Programme, on the topic of Spiritual Management for Human Capacity Building at Lank Tile, Head office.

#### **DISSEMINATION OF KNOWLEDGE**

Presentations/ Talks/ Lectures/ Workshops

- Speaker for the National Diploma Programme in Child Protection and Child Care, on Feminism and Child Concept in Buddhist Perspective organized by Sri Lanka Foundation, 18th December, 2015
- Plenary Presentation at Ācharya Nāgārjuna University, Andhra Pradesh, India, on the topic of Psychotherapeutic Value of Emptiness as presented by Nāgārjuna and Buddhaghosa, 30 January, 2015
- 3. Speaker at the Workshop on Training Programme of Sri Lanka Police Officers on Counseling Psychology for the Elimination of Violence and Management of Emotion organized by Divisional Secretariat, Maduruwala, Anguruwatota, 14<sup>th</sup> June, 2013
- Speaker at the workshop organized by Professional Counselors and Associations of Sri Lanka for Professional Development of Sri Lanka Professional Counselors on Psychiatric Significances of Sri Lankan folk Magic, 21<sup>st</sup> November, 2010
- 5. Speaker at the Workshop on Psychologist Counseling on Psychotherapy organized by Professional Counselors Association of Sri Lanka 25<sup>th</sup> October, 2009
- 6. A talk on Introduction to Buddhist Psychology, Ti Saraṇa Buddhist Association Singapore, 5<sup>th</sup> December, 2008
- 7. Speaker for the workshop on Buddhist Studies for Postgraduate Students of Thibuwan University and Lotus Academy of Nepal on The Fundamental Psychotherapeutic Approaches as derived from Early Buddhism, Organized by The Buddhist and Pali University of Sri Lanka, 22<sup>nd</sup> October, 2008

# **Literary Communications**

- An Article on Buddhist Dharma Low, Modern Law and Related Law Institutions (බෞද්ධ ධර්ම නීතිය, නූතන නීතිය හා තදනුබද්ධ ව නෛතික ආයතන), Amāvatura, 06<sup>th</sup> April, 2012
- 2. An Article on Buddhist Analysis on Mind (බෞද්ධ මතෝ විගුහය) Amāvatura, 15<sup>th</sup> June, 2011

- 3. An Article on Similarities and Dissimilarities of Buddhist and Western over view on Psychotherapy (මනෝරෝග චිකිත්සාව පිළිබඳ බෞද්ධ හා බටහිර විවරණයන්ගේ සමවිෂමතා), Buddha Rashmi, May, 2010
- 4. An Article on Religion, Philosophy, Ethics and Buddhism, Damsarani (ආගම, දර්ශනය, සදාචාරය හා බුදුදහම) (ශුී බුද්ධවර්ෂ 2554 දුරුතු පෝය)
- 5. An Article on Religion, Philosophy, Ethics and Buddhism, Damsarana (ආගම, දර්ශනය, සදාචාරය හා බුදුදහම) (ශීු බුද්ධවර්ෂ 2554 මැදින් පොහෝ දින)
- 6. An Article on Religion, Philosophy, Ethics and Buddhism, Damsarana (ආගම, දර්ශනය, සදාචාරය හා බුදුදහම) (ශුී බුද්ධවර්ෂ 2554 ඉල් පොහෝ දින)

## **CREATIVE WORKS**

- 1. Designing the Buddhist Cultural Rituals and Astrological Aspects with Counseling and Psychiatric Elements as Therapeutic Tools for Healing of Family, Educational, Carrier and Psychological Issues of Talgaswala Clients, Counseling Clinic Programme, Coordinated by, Dr. Wasantha Priyadarshana, 01,07,2012
- 2. Designing the Buddhist Cultural Rituals and Astrological Aspects with Counseling and Psychiatric Elements as Therapeutic Tools for Healing of Family, Educational, Carrier and Psychological Issues of Horowpatāna Clients, Counseling Clinic Programme, Coordinated by, Dr. Wasantha Priyadarshana, during the whole year of 2012.
- 3. Designing the Buddhist Cultural Rituals and Astrological Aspects with Counseling and Psychiatric Elements as Therapeutic Tools for Healing of Family, Educational, Carrier and Psychological Issues of Palmadulla Clients, Counseling Clinic Programme, Coordinated by, Dr. Wasantha Priyadarshana, 19 March 2011.
- 4. Designing the Buddhist Cultural Rituals and Astrological aspects with Counseling and Psychiatric Elements as Therapeutic Tools for Healing of Family, Educational, Carrier and Psychological Issues of Galewela Clients, Counseling Clinic Programme.
- 5. Designing the Buddhist Cultural Rituals and Astrological Aspects with Counseling and Psychiatric Elements as Therapeutic Tools for Healing of Family, Educational, Carrier and Psychological Issues of Tabuttegama Clients, Counseling Clinic Programme.

- 6. Designing the Buddhist Cultural Rituals and astrological aspects with Counseling and Psychiatric Elements as Therapeutic Tools for Healing of Family, Educational, Carrier and Psychological Issues of Dehiattakandiya Clients, Counseling Clinic Programme.
- 7. Designing the Buddhist Cultural Rituals and Astrological Aspects with Counseling and Psychiatric Elements as Therapeutic Tools for Healing of Family, Educational, Carrier and Psychological Issues of Boyawalana Clients, Counseling Clinic Programme

## INSTITUTIONAL DEVELOPMENT

# **Introduction of New Courses/ New Degree Programs**

- Contribution to Design the Syllabus for Buddhist Psychology Special Degree programme at the Department. of Pali and Buddhist Studies, University of Kelaniya
- Reviewer of the Syllabus of Special Degree in Buddhist Psychology and Counseling Bhikshu University of Sri Lanka
- Reviewer of the Syllabus of Special and General Degree in Buddhist Psychology and Counselling at the Bhiksu University of Sri Lanka.

# **Curriculum Planning and Development**

- Co-Writer for 16 modules of School Counselling Training Program-Organizes by Education Department of Western Province. 2023
- Introduced a training Program for "Developing well-being" to Sri Lanka police
   Officers 2023
- Prepared the syllabus for the training program of "Developing well- being" to Sri Lanka Police Officers - 2023
- Member of the Committee to prepare By-laws and Criteria for all the research and taught Courses of the Postgraduate Institute of Pali and Buddhist Studies
- Preparing the syllabus, Buddhist Psychotherapy of the Master's Degree Programme at the International Buddhist College in Thailand

- Preparing the syllabus, Certificate Course in Buddhist Counseling at College of Buddhist Library, Singapore
- Preparing the syllabus of Certificate Course in Buddhist Psychotherapy Than Hsiang
   Mitra Welfare Association Malaysia, IBC College
- External Reviewer for Proposed Master of Arts Degree Syllabus in Buddhist Studies,
   Faculty of Graduate Studies, University of Kelaniya

# Development of new material for existing courses (both undergraduate and postgraduate

- Reforming the syllabus of the M.A in Buddhist Studies Courses of the Postgraduate Institute of Pali and Buddhist Studies (Sinhala) (2013/2014)
- Reforming the syllabus of Postgraduate Diploma in Buddhist Studies Course of the Postgraduate Institute of Pali and Buddhist Study (Sinhala), (2013/2014)
- Reforming the syllabus of the M.A in Buddhist Studies Courses of the Postgraduate
   Institute of Pali and Buddhist Studies (English) 2013/2014
- Reforming the syllabus of the Postgraduate Diploma in Buddhist Studies (English) (2013/2014)

# Strengthening research capacity etc. in the particular HEI as well as in other HEIs as a Chairperson of the following National and International Conferences

- Chair Religion, Mind and Human Wellbeing, International Research Conference on Humanities and Social Sciences, Faculty of Humanities and Social Sciences, University of Sri Jayewardenepura, Sri Lanka on 18<sup>th</sup> November, 2015
- Chair Understanding the Contemporaneity of Ācharya Nāgārjuna's Philosophy in the Global Context, Centre for Mahayana Buddhist Studies Ācharya Nāgārjuna Nagar, Guntur, India, 28<sup>th</sup> January 2015

 Chair - Buddhist Rites and Rituals International Buddhist Conference, 2600<sup>th</sup> Sri Sambuddhatva Jayanti - 2012 (BBC IBC - 2012) from 17<sup>th</sup> to 19<sup>th</sup> February, 2012, Organized by Buddhasravaka Bhiksu University, Anuradhapura, Sri Lanka

# Supervision and Guidance for MPhil and PhD. Research Students

- Supervision for Research Theses of MPhil and PhD, (Sinhala and English) of the Postgraduate Institute of Pali and Buddhist Studies
- Continuous Participation in Research Student's presentation to present their synopses and to upgrade their MPhil and PhD (Number of Students 54)

# **Teaching Research Methods**

- Teaching Research Methods in the Diploma Course in Buddhist Ayurvedic Counseling of the Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya
- Teaching Research Methods in the Master Degree in Buddhist Ayurvedic Counseling Course of the Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya

## **Examining and Conducting Clinical Components**

- Examining the Clinical components of Postgraduate Diploma in Buddhist Ayurvedic Counseling at Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya
- Examining the Clinical Components of Master Degree in Buddhist Ayurvedic Counseling at Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya.
- Prescribing relevant counseling treatments as Professional Counselor for Clients who
  get consulted at Counseling Center of Manelvatta and Papiliyana attached to
  Postgraduate Institute of Pali and Buddhist Studies, University of Kelaniya

- Arranging Clinical Programmes for Postgraduate Students of Buddhist Ayurvedic Degree Programmes with the intention of enhancing their clinical knowledge and upgrading their Counseling Skills and code of ethics.
- Keeping the records of Clinical Practices of every Students of the Postgraduate Degree Programmes of Buddhist Ayurvedic Counseling Programmes